

7.2.1. - Best Practices

1. POTHICHORU

National Service Scheme is a community service programme sponsored by the Ministry of Education and Social Welfare, Govt. of India. The overall aim of National Service Scheme is to give an extension dimension to the higher education and orient the student youth to community service while they study in an educational institution. Presently there are two NSS units in Sree Kerala Varma (formed in 1985) namely Unit 41 and unit 162. Keeping this as mission, the Sree Kerala Varma NSS units planned and executed activities that could arouse the social conscience of the students, and to provide them an opportunity to work with the topic. It is a noble experiment in academic extension.

Goal and Objectives

Promote various adventure / society oriented activities among NSS volunteers.

Infuse the sense of love, affection and sociability towards the various section of student community

Find out and assist poor, marginalised, patients and elderly people

Develop constant touch with the community.

The practice

Students of NSS Unit 41 and 162 are distributing "Pothichorru", free noon meals every Friday to homeless and hungry in and around Thrissur district. It has been practicing from several years back. More than 150 meals are have been distributed every week. The NSS volunteers of our college distributed lunch packets in District Hospitals and Medical College in Thrissur for the poor patients.

For that each student volunteer brought an extra packet of their lunch they prepared from home which were collected and given to those in need at the Thrissur City. Not only NSS volunteers but also the teaching staffs, non-teaching staffs and students also take part in this helping hand which has been going on for years back. The volunteers brought all the food to the college and then went

to different places of Thrissur city. They distributed the food among poor people in footpaths, railway station, bus stand and other places where they reside. The NSS volunteers spent 4 hours for this task. We started the program at 9.30 am and completed it by 1.30 pm.

Evidence of Success

SKVC has managed to instill in our students the importance of believing in their abilities as well as living their dreams. While primary importance is given to the pursuit of education and performance in university level examinations, equal importance is also given to social service. This programme is beneficial for patients, their bystanders and homeless. The programme has been a great success.

Photographs





2. FLOOD RELIEF & CHITHRATHONI

Objective

To understand the nature and damages of issues due to flood in Kerala

To provide moral support to flood affected victims

To provide immediate relief to the flood victims

The practice

Monsoon was particularly heavy in Kerala 2018 year. The latest spell of monsoon began on August 8 and ended on August 16 brought rain 170 per cent above normal. This was also the time when Kerala floods wreaked maximum havoc. Incessant rains, floods and landslides rendered more than 7.25 lakh people homeless. Incessant rains and massive flooding has rendered thousands of people across the State of Kerala, India homeless. Hundreds of thousands of people are in Relief Camps. Monsoon rains continue to batter many districts of

Kerala. The rains in Kerala state have resulted in large scale damage. The flood has severely affected the students of our college. Sree Kerala Varma College made an initiative to collect and study the flood affectees of our college.

First stage

Sree Kerala varma college flood relief collection centre was launched on 16/08/2018. Several people across the district have come forward to help flood victims residents who are trying to rebuild their lives after witnessing the worst floods of the state in distress and the resource for the same is gathered by voluntary donations from the public, teachers and students. This money in this fund is used only for disaster relief.

Second Stage- Field Visit

Sree Kerala Varma College collected the details of flood victim students and had an interaction with them on during the first week of September. Following series of consultation and interactions, the decision was made to do a spot visit, to provide support (moral and material) in order to rehabilitate the students. After series of meetings at the department and college level, college advised the concerned department to conduct a pilot visit to the houses of victims. The departments formed a Rapid Spot Assessment team with teachers and visited flood affected regions of Thrissur district and distributed relief materials. All the houses situated in this village got flooded resulting in loss of House, household goods including foodstuffs, clothing and other articles. On the basis of the field visit and discussions, the department submitted the final report to the principal. The general body meeting of the college decided to assist the flood victims and selected two types of students fully damaged and partially affected. Altogether twenty three students were selected.



They require special assistance for their rehabilitation in terms of supply of some basic requirements such as food, clothing and financial support. Efforts were made to provide basic amenities including house maintenance, stationeries, house hold articles, books and disburse grants to them as early as possible, so

that the families concerned are able to take some steps towards their rehabilitation.

Chitrathoni

Sree Kerala Varma college formed a fund raising programme named "Chitrathoni". This was a fund raiser for the flood victims by way of the sale of creative paintings of about twenty renowned artists. Comprising of three phases, Chitrathoni was organised as a part of the noble endeavour , "Support flood affected Keralavarmans".



Phase I of Chitrathoni was held on 29 September 2018 and it saw the convergence of the following famous artists, who brought out their creative best, in the lawns of Sree Kerala Varma College: Satyapal, K.U.Krishnakumar, Premji T.P.,Anita T.K., Anto George, Martin O. C., Jibu P.B., E.N.Santhi, Jayasree P.G, Smija, Aparna and Jyohi Raj. Phase II of Chitrathoni was conducted on 11 October 2018 in collaboration with a group of mural painters from Guruvayur Devaswom under the leadership of Sri. K.U. Krishna Kumar.This enthusiastic group of artists showcased their fine art of skill as well as creative excellence to produce a variety of excellent mural paintings on canvas.



Chithrathoni Exhibition

The alumni association of students who studied in the college in the 1980s, "Pulse 80", also joined hands in contributing to Chithrathoni. The president Smt. K.R. Beena and other office bearers handed over a set of paintings to the principal, Dr. Krishnakumari K. Phase III of Chithrathoni was an exhibition cum sale of all these paintings held on 22, 23 and 24 October 2018 at Kerala Sahitya Academy, Thrissur. Famous music director Sri Mohan Sitara inaugurated the programme on 22nd and poet Sri Balachandran Chullikkad inaugurated the closing ceremony on 24th.

Besides these, cadets and volunteers NSS and NCC units of SKVC actively engaged in flood relief activities.



Evidence of Success

The programme was a grant success and received wholehearted support from all sections of Kerala society. Sree kerala Varma College has distributed relief materials to flood affected families and reliefs camps in the Thrissur district. The six days relief camp organised by the SKVC community in the college benefitted around 600 flood victims of local residents and rest of Kerala society. The material collected at the college was distributed to other relief camps in Thrissur and rest of Kerala. NSS and NCC volunteers and cadets actively engaged in the post flood relief activities like house, well and street cleaning. Selected students were given financial assistance.



Financial assistance distributed to Flood victims